

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
8:30am Yoga <i>Sue</i>	5:30am Pulse <i>Ryan</i>	5:30am BODYPUMP <i>Millie</i>	5:30am Pulse <i>Ryan</i>	5:30am BODYPUMP <i>Sarah</i>	5:30am Pulse <i>Ryan</i>	
	5:30am BODYCOMBAT <i>Millie</i>	8:00am Beach Body Circuit <i>Rachel</i>	5:30am Cycle 60 <i>Stef</i>		5:30am RPM/Cycle <i>Millie</i>	8:00am Pulse <i>Ryan</i>
	8:30am Step <i>Joni</i>	8:30am Zumba <i>Jennifer</i>	5:30am BODYCOMBAT <i>Millie</i>		8:00am Pulse <i>Ryan</i>	8:30am Zumba <i>Cheryl/Tanya</i>
	8:00am Pulse <i>Ryan</i>	8:30am RPM/Cycle <i>Amy M.</i>	8:30am Yoga <i>Laurie</i>	8:30 Zumba <i>Cheryl B.</i>	8:30am BODYPUMP <i>Lynne</i>	9:00am RPM/Cycle 60 <i>Rotating Instructors</i>
	8:30am RPM/Cycle <i>Lynne</i>	9:00am Pulse <i>Rachel</i>	8:00am Pulse <i>Ryan</i>	9:00am Pulse <i>Laquoia</i>	8:30am RPM/Cycle <i>Amy M.</i>	
	9:30am Butts & Guts <i>Raven</i>	9:45am Yoga <i>Laurie</i>	9:30am Butts & Guts <i>Raven</i>		9:30am Butts & Guts <i>Raven</i>	9:40am Core&More <i>Millie</i>
	9:45am BODYPUMP <i>Lynne</i>	11:00am SS Classic <i>Monique</i>	9:45am BODYPUMP <i>Pamm</i>	9:45am BODYPUMP <i>Rotating Instructors</i>	9:40 Zumba <i>Cheryl B.</i>	10:15am BODYPUMP <i>Rotating Instructors</i>
	4:30pm Yoga <i>Shannon</i>		4:30pm Yoga <i>Shannon</i>	11:00am SS Classic <i>Monique</i>		
		5:15pm BODYPUMP Express(45 min) <i>Susan T.</i>	5:45pm Zumba <i>Liz</i>			
	5:45pm BODYPUMP <i>Sarah</i>			5:30pm RPM/Cycle 60 <i>Millie</i>	5:30pm Zumba <i>Tanya</i>	

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	6:00pm Pulse <i>Ryan</i>	5:45pm Pulse <i>Laquoia</i>	6:00pm Pulse <i>Ryan</i>	5:30pm Butts & Guts <i>Rachel</i>		
	6:50pm Zumba <i>Liz</i>	6:15pm Yoga <i>Sarah</i>	7:00pm BODYCOMBAT <i>Millie</i>	5:45pm Pulse <i>Laquoia</i>		
		6:50pm Zumba <i>Tanya</i>		6:45pm Yoga <i>Monique</i>		
				6:45pm Zumba <i>Tanya</i>		